



Traumatic losses and family resilience. How to intervene?

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THE THEME OF LOSS

Central to
any psychological
therapy

Central to
Life

Central to students' training
(genograms/family sculptures)

When the trauma
is the sudden loss
of a child

Emphaty and care in the
therapeutic encounter

TO STAY WITH THE FAMILY
PAIN:

What Medicine and
psychiatry do not teach us

A photograph of a black metal park bench in a park setting during autumn. The ground is covered with fallen yellow and brown leaves. The bench has ornate metal armrests and legs. Four text overlays are present: a yellow title at the top, and three orange boxes containing black text below it.

The fragmentary nature
of pain in the family

Every one is an island of pain

The risk of the marital couple break up

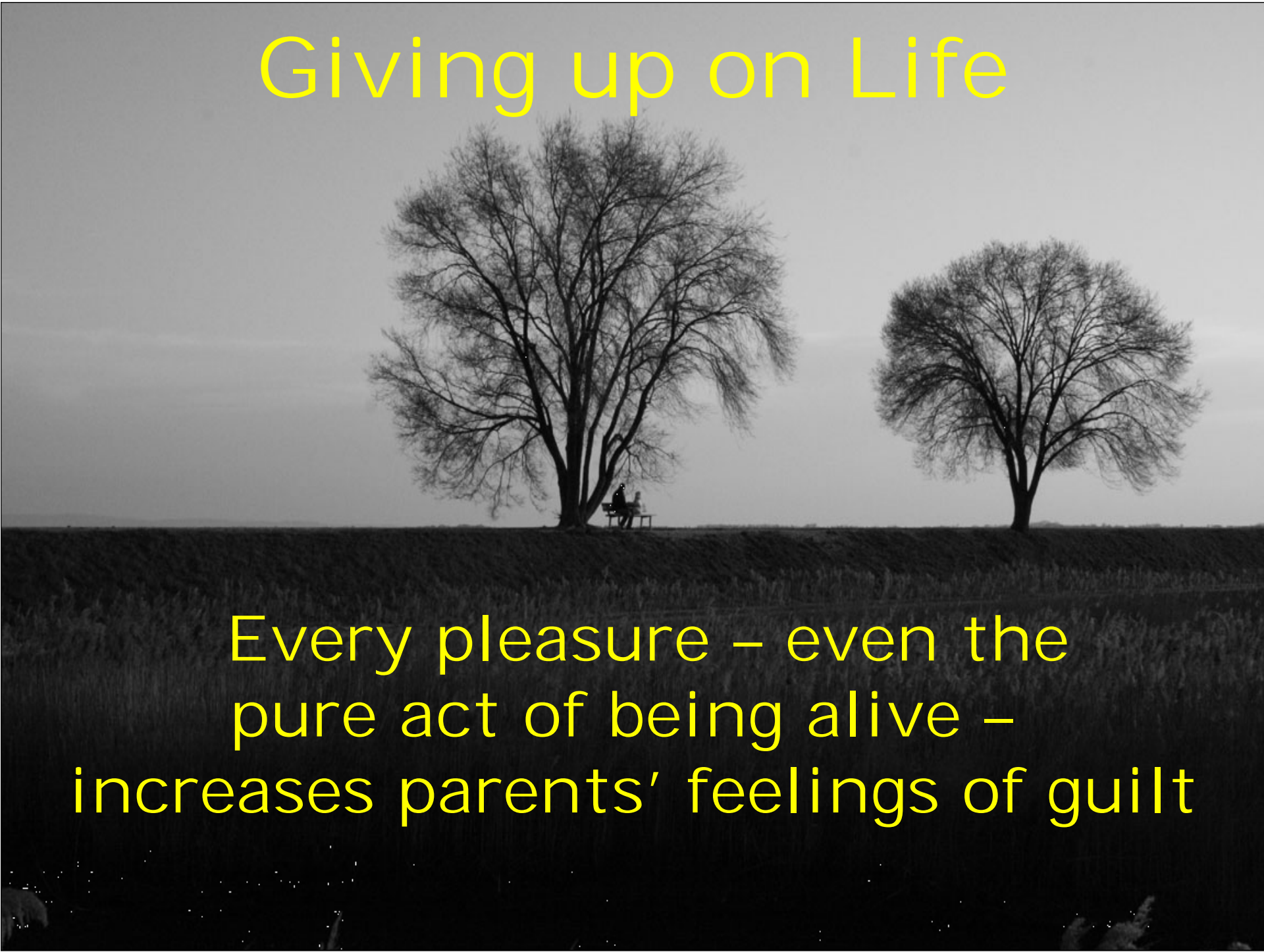
Survived children's loneliness

A photograph of a park bench in autumn. The ground is covered in fallen yellow and orange leaves. A dark wooden bench is in the foreground, slightly to the right. In the background, there are trees and a light-colored building with windows. The text "The withdrawal from friendship and social relationships" is overlaid in yellow.

The withdrawal from friendship and social relationships

"others cannot understand..."

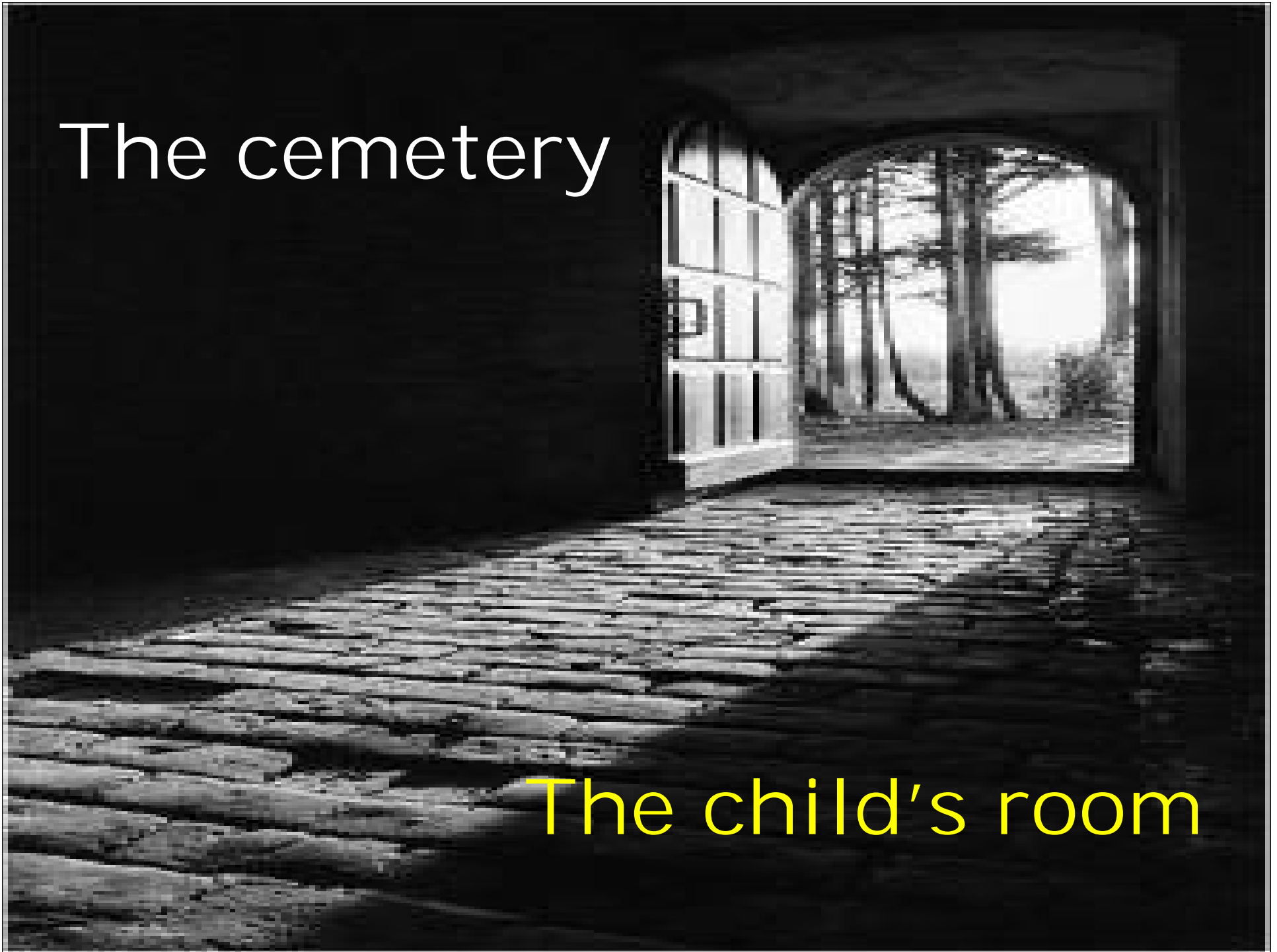
Giving up on Life



Every pleasure – even the
pure act of being alive –
increases parents' feelings of guilt

The cemetery

The child's room





Unnatural losses

How such an
unjust loss
can be accepted!

Death denial :

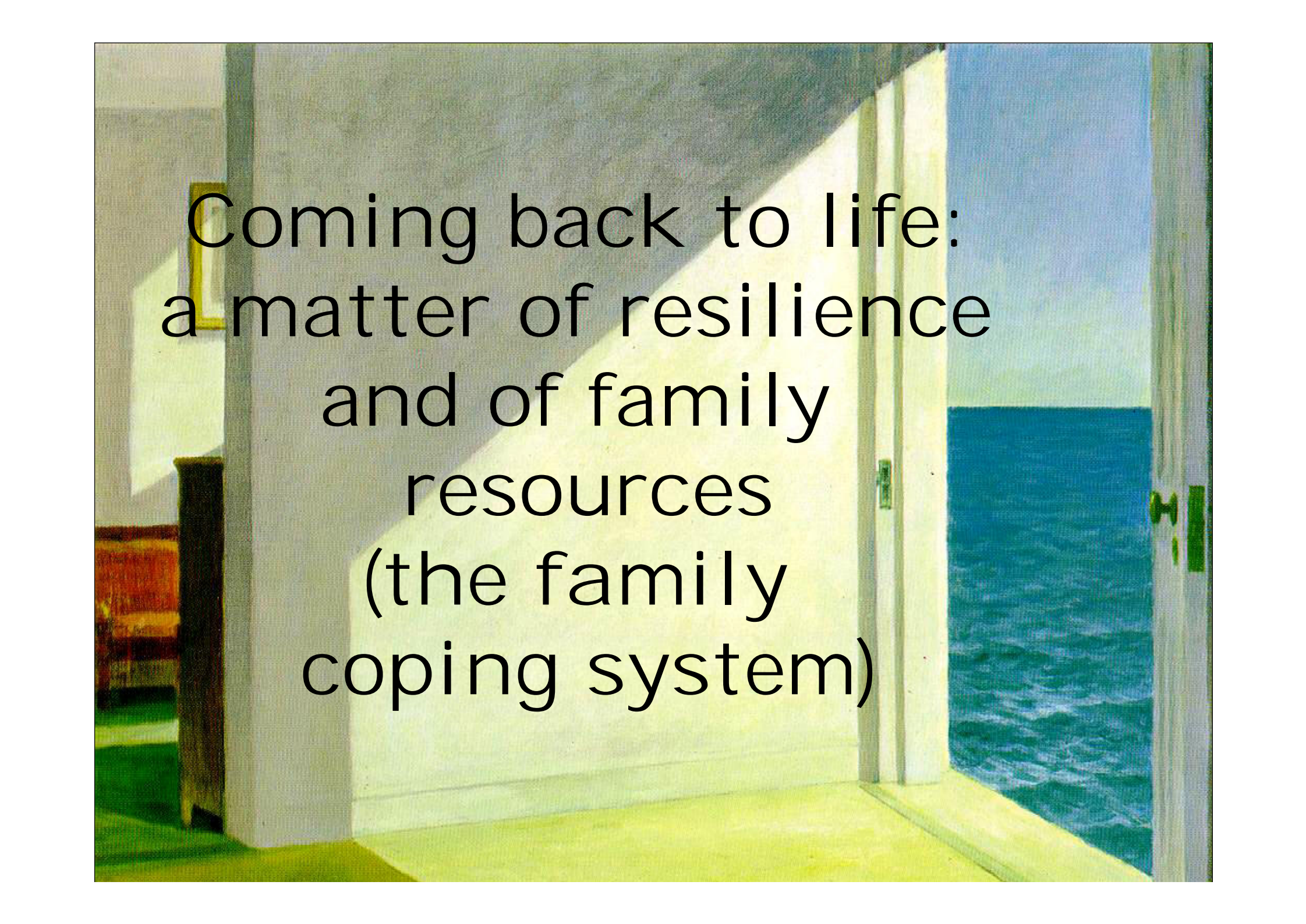
My son is not dead:
one day I'll meet him again

We are not here because
of our son's death

The therapeutic project

To stay with
the family's pain

How to facilitate the suffering
to circulate



Coming back to life:
a matter of resilience
and of family
resources
(the family
coping system)

When the trauma
is the loss of a parent

From protecting to respecting children:
how to give them back a voice
and competence

Falsifying truth and lies cause a severe
developmental damage

Fears and fantasies
of family
losses are more damaging
for children than
knowing the truth

The therapeutic
project:
how to help adults to
rediscover
authenticity through
their children
contribution

Doing therapy or
being a therapist?
An encounter on
the essence of life

TERAPIA
CON LA
FAMIGLIA

A cura di
Maurizio Andolfi
Antonello D'Elia

Le perdite e le risorse della famiglia

Raffaello Cortina Editore

The background of the slide is a photograph of a sunset or sunrise. The sky is filled with soft, orange and yellow clouds. In the foreground, the dark silhouette of a church with a large dome and a bell tower is visible against the bright sky. The overall mood is peaceful and contemplative.

A calm and careful silence
Can give rest to suffering

A discrete, modest, honest and
precise silence can
diminish the loneliness
in suffering
(Roustang, 2004)