

7th Congress of European Family Therapy Association - EFTA

Paris - October 29th, 30th and 31st 2010

Research Survey Data Base (Portugal)

Diana Cunha, Alda Portugal, Luciana Sotero, Madalena Alarcão, Margarida Vilaça & Ana Paula Relvas

Faculty of Psychology , University of Coimbra

Research Survey Data Base (Portugal)

Summary:

- 1. Project contextualization**
- 2. Goals**
- 3. Methodology**
- 4. Results**
- 5. Discussion**
- 6. Conclusion**

Research Survey Data Base (Portugal)

1. Project Contextualization

- The EFTA Research Committee proposed a Survey of Research into family and systems therapy across Europe

Project EFTA inclusion criteria:

research that is published

ongoing, not yet published

unpublished graduate student research papers

presented only to a restricted audience (e.g. workplace studies)

Research Survey Data Base (Portugal)

1. Project Contextualization (cont.)

Project EFTA exclusion criteria:

single case studies (but will include coherent case series designs)

studies based on treating individuals other than via family dynamics

child development studies not specifically related to family therapy

statutory procedures such as Child Protection

Research Survey Data Base (Portugal)

1. Project Contextualization (cont.)

To portuguese data base, we considered the following search categories:

Therapeutic Process

**Efta inclusion
and exclusion
criteria**

Statutory Procedures

**Systemic
works** (in
general)

Research Survey Data Base (Portugal)

2. Goals

General Goals

foster the perception that systemic therapies has an important research value

demonstrate that family therapy has a strong research base while also showing that we can undertake research which is congruent with our therapeutic positions

encourage systemic and family therapy practioners to engage with research

put researchers and therapists in contact with each other so that research becomes more practice-based

Specific Goals

To identify well researched areas with positive implications for family therapy

To provide early information about research that is being planned, is in progress, or has been completed but not yet reported

To enable each country to know what is being researched locally and trans-nationally

To identify under-researched areas

Research Survey Data Base (Portugal)

3. Methodology

Request form translation

Written the invitation to fill form

Activation of a system for sending and receiving the invitation form (and the fill), as well as their responses to the same

Completion of the entities list to send the material

Research Survey Data Base (Portugal)

3. Methodology

To participate in this search, we selected the entities recognized (in our country) by investigating in family therapy area

Higher
Education
Institutions
(private
and
publics)

26

Research
Centers
(private
and
publics)

10

Health
Institutions
(private
and
publics)

12

Independ
ent
Workers

11

Research Survey Data Base (Portugal)

3. Methodology

Request form translation

Written the invitation to fill form

Activation of a system for sending and receiving the invitation form (and the fill), as well as their responses to the same

Completion of the entities list to send the material

Dissemination of this research and participation in it through information leaflets and oral requests in scientific events

Dispatch the material – 3 different moments:
February, April and June (2010)

Organization of a data base with the responses

Complementar Procedure

Search the information requested on the form in RCAAP (Scientific Repository of Open/ Free Access in Portugal)

Research Survey Data Base (Portugal)

3. Methodology (cont.)

Dear Colleague,

We are in the process of creating a data base on existing researches in the field of Family and Couple Therapy and Systemic Approach. The data base will be made progressively available through [EFTA Web Page](#) as soon as we receive useful information and will be a valuable instrument for all European therapists.

There are many strong reasons to collect and coordinate this information, as described in the "Rationale" that accompanies this form.

Are you concerned with or know of any researches/studies in the field? (An account of areas of interest is included in the "Rationale"). Do you want to help in making it visible?

If so, please take a few minutes to provide the basic information for each research/study on this form. Where appropriate we may come back to ask you if you would be willing to provide more detailed information.

.....
Please fill the form and send it by simply clicking on the button "send the form"

Your name:

Your e-mail address:

Title (if known) or main theme of research or study

Methodology used

Name of main (or known) researcher(s). Please indicate if you are leading the research:

Name of Centre or Institution carrying out the research/study (if known):

Please list any existing or potential publications that you know of:

Contact for the research (e-mail or post address):

Your comment:

Research Survey Data Base (Portugal)

5. Discussion

Despite the inherent difficulties in collecting this sample, these results show that:

The statutory procedures seems to be an under researched area

The marital subsystem and the parental issues seem to constitute a trend of current research

It seems that the research that is being planned or that is in progress is not considered in terms of its disclosure

Research Survey Data Base (Portugal)

5. Discussion

We believe:

It is far from representative

However, attending to this
datas, the number of scientific
works broadcast on RCAAP

Poor

increased in recent years

(just 2 responses)

Scientific works are little known in RCAAP (just 28)

Research Survey Data Base (Portugal)

5. Conclusion (cont.)

There is a long way to go towards demonstrate that family therapy has a strong research base

The first step depends of all of us and is to encourage systemic and family therapy practioners to engage with research

We have no doubts about the systemic therapies value research, now it´s time to foster this perception

We invite everyone to think how to improve this reality!

Research Survey Data Base (Portugal)

5. Conclusion (cont.)

Maybe the adherence to the form could be better if:

The form questions were multiple choice and shorter

The request to participate were made in person

This project had been publicized through a web site creation

There was a reward system for participants

Research Survey Data Base (Portugal)

Thank you for your attention!

Doubts/ suggestions:

diicunha@gmail.com