



**Julia HARDY
(Hungary)**

Board of EFTA-NFTO

Julia Hardy is a member of the Hungarian Family Therapy Association.

She is a psychiatrist, psychotherapist, trainer in systemic therapy. As a Middle-European, she has bonds both to West and East (family therapy training in Wien, working connections in Kiev). She is a trainer and supervisor in family therapy and psychodrama, educated in psychoanalysis .

She is working in the NFTO Board since 2005, and she wants to continue the interesting and challenging systemic work to strengthen the collaboration in the EFTA.