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Secretary of EFTA-NFTO

Mina Polemi-Todoulou is practicing family and group therapist. She is trainer, supervisor, member of the Consultative Coordinating Committee of the Athenian Institute of Anthropos. Psychology Professor at Higher Education Institutions for Health Professionals and Educators, teaching systemic approach and applications. Trains in large systems dynamics and supervises teams of health professionals working with families and groups in community prevention and mental health programs. Research focuses on family, group and larger system dynamics and on children's sociocultural development in different system contexts.

Founding member & Chair of HELASYTH- Hellenic Association for Systemic Therapy, Representative of ETHOS-Greek Federation of Family and Systems Therapists and NFTO Board Secretary since 2004.